

Idaho Statesman, Friday, July 18, 2008 – Online blog posts

Other voices: Why don't we plant food everywhere?

WHAT ARE YOU GROWING?

Boise blogger (and Oprah fan) Stephanie Worrell has been getting some national attention this week, from the Wall Street Journal and Good Morning America. In her latest post at oshouldknow.com, rising food prices get Worrell to thinking: "Why don't we start planting food everywhere? ...

"For most people, it is possible. Even those of us that live in the 'burbs' with lots of homeowner rules and regulations. And, even those of you who live in an apartment and just have a small patio. Pot gardening works wonderfully and the yield can be surprising (container pots, not the kind you smoke - that's an entirely different blog entry).

"I looked through my homeowner paperwork today and found that there are no rules against planting fruits and veggies in my back or front yard. ...

"Even if you just get a few meals out of the garden, it's a meal eaten cheap. I've found that involving my children in the small garden I currently have has been time well spent together. They love helping out, and if they plant something, you know they are going to eat it. So, if you have kids around, you practically owe this to them. Teach them how to fish (as one great philosopher once said)!"

WORTH NOTING: Worrell's post ends with her mom's recipe for Mountain Dew Jelly.